Completed Seven-Day Recovery Example (Fictional Illustration)

FICTIONAL EXAMPLE: Alex has a missing math problem set, a closed practice activity, and a quiz due Friday. The instructor confirms the problem set can be submitted by Wednesday with the stated late penalty.

When	Alex's Action	Evidence to Check
Monday	Review instructions and contact instructor about missing work.	Record permitted deadline and method in response.
Tuesday	Attempt problem set and take two specific questions to tutoring.	Identify steps Alex can now complete independently.
Wednesday	Finish and submit problem set through authorized method.	Save submission confirmation and check submitted file.
Thursday	Use permitted practice questions to prepare for the quiz.	Review errors and identify a remaining question.
Friday	Complete the quiz within its stated window.	Check the attempt or completion status as instructed.
Weekend	Review feedback and reserve next week's study blocks.	Record what improved and what still needs help.